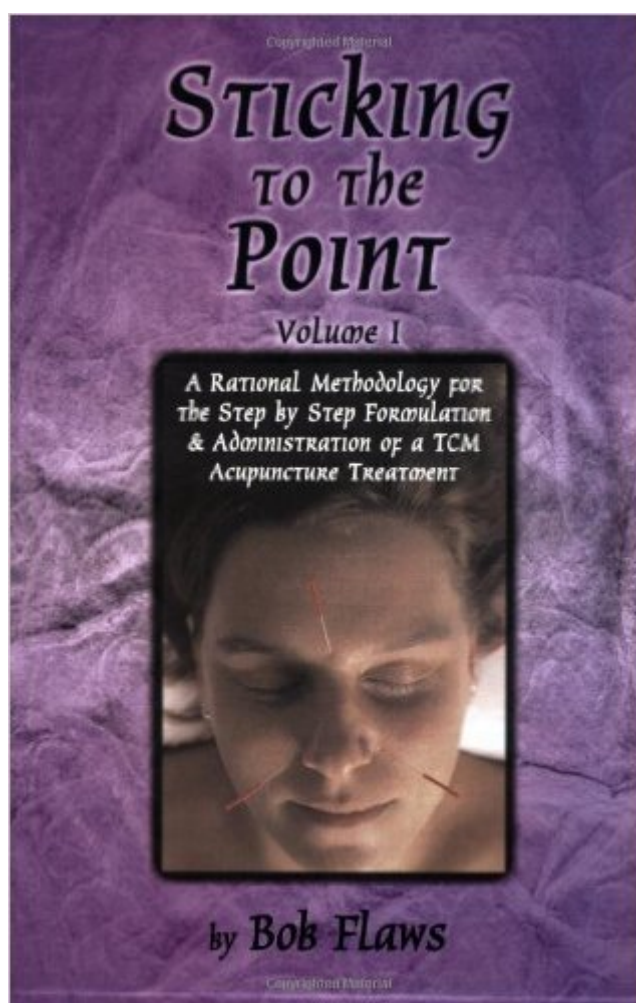


The book was found

Sticking To The Point: A Rational Methodology For The Step By Step Formulation And Administration Of A TCM Acupuncture Treatment (vol. 1)



Synopsis

A new, revised edition of the first book for students and practitioners which explains how to do TCM style acupuncture. This book explains in depth how to do a complex, individualized TCM pattern discrimination, how to arrange and make sense of a welter of confusing signs and symptoms, and how to think using TCM terms and statement of fact. Western students and beginning practitioners will find this book an invaluable aid in honing their ability to understand and use TCM. Although specifically about acupuncture, the method presented in this book can be used to erect a TCM treatment plan using any Chinese modality Chinese herbs, Chinese dietary therapy, tui na or Chinese massage, or qi gong, Chinese energy exercises. Included in this book are the functions of the main points of acupuncture and the functions of the main two and three point combinations.

Book Information

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Customer Reviews

I bought this book when I was wanting to review for my senior level exams in acupuncture. This book is a neat little review of things a practitioner should think about when approaching a patient. It walks you through diagnosis and point selection in almost a narrative manner. Not a really comprehensive reference but a handy little book that is easy to read. I picked up many little points from it.

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